Powell River Action Centre Society

Client Service and Care
Policy – 2024

Food Choice

The Powell River Action Centre Society – Food Bank will, to the best of its ability, provide choice for clients accessing food-support.

Food choice will include but not be limited to persons with food allergies and persons who describe as celiac, vegetarian, or vegan.

Clients accessing food-support who describe that they are living with food allergies will be informed that the Food Bank is not an allergy free zone; there are many items in the facility such as peanut butter which is included in hampers as a healthy form of protein.

Clients are also informed that they do have a choice to ask that some items in their monthly hamper be swapped out for other items more suited to their individual tastes.

The PRAC Food Bank will assess through client surveys on an annual basis the satisfaction of food choice and will analyze and respond to the results of these surveys. A copy of the survey is attached to this policy. Surveys will be kept in the file associated with the policy binder and will be rotated out bi-annually.

The PRAC Food Bank will use its purchasing power to continually change up the content of the hampers. Hampers change seasonally, with the summer providing increased fruits and vegetables donated by local farmers and winter including more robust food choices including vouchers at Christmas for items like turkeys or hams.

The PRAC Food Bank will constantly take advantage of case lots and pallets from the Food Hub which provides a constant choice for clients including items like eggs, canned fish, peanut butter and more.

The “take what you want” table inside the door of the facility is constantly changing and offers a wide variety of choice for the clients in addition to the approximately 27 meals included in the monthly hamper.

Clients are asked if they would like any of the extra items that are sometimes donated, such as cakes and pies.